A Wedding is a One-Day Event..... A Marriage is a Lifetime!

*Congratulations on your decision to marry!* The next months will be busy as you plan your wedding and prepare for your upcoming marriage. We hope that you will take time to listen to God's call in your lives as you prepare to live a Christ centered marriage.

Here at Sacred Heart Church, we view our responsibility as two-fold, (1) to assist you in preparing spiritually for your wedding and (2) prepare you to live the covenant of life and love in your marriage. Accordingly, the preparation process for marriage is a thorough and thoughtful one.

The guidelines provided here are the work of staff members and parishioners who believe deeply in the holiness of marriage. The information in this booklet is based on the premise that prayer and holy living within a family setting lead to a successful marriage. You may also find the website <u>www.foryourmarriage.org</u>, developed by the United States Conference of Catholic Bishops, a helpful resource.

Christian marriage is different from secular culture's attitude toward marriage and love; we see it as a sign of God's love. Christian marriage is not merely a civil contract between two people, but instead it is a covenant in which two people are joined in perfect union with GOD.

The staff and parishioners of Sacred Heart Church wish you all of God's richest blessings on your wedding day and throughout your married life!

#### Marriage Preparation Sacred Heart Catholic Church Newton, Iowa

# To Reserve a Date

- 1. The bride and groom should be of a sufficient age and maturity to understand the importance of the marriage commitment and have the ability to fulfill it.
- 2. A wedding date will be placed on the parish calendar if the preparation requirements have either (1) been met or (2) been scheduled. All scheduling is to be done through the parish secretary with the consent of the pastor or deacon.
- **3.** In setting the date couples should be mindful of the liturgical season and the decorations in the church reflecting that season. Weddings are discouraged during the liturgical season of Lent.

### **Wedding Times**

- 1. Saturday weddings
  - Weddings may be scheduled on Saturdays after 7:30 PM or before 3 PM. (2:30 PM for a Wedding Mass)
- 2. Other Days
  - Saturday or Sunday during a regularly scheduled parish Mass
  - Weekdays (discuss with the Pastor)
- 3. Satisfaction of Sunday Obligation
  - Attendance at any Mass that commences after 4:00 pm on Saturday satisfies the obligation of a Catholic to attend Mass on the Lord's Day. Couples whose wedding ceremony does not include the celebration of Mass need to be attentive in their planning of the wedding weekend to include attendance at Sunday Mass.

The celebration of the wedding liturgy does not include a dispensation from the obligation to attend Sunday Mass. Opening the wedding gifts on Sunday should not prevent the newlyweds from attending Sunday Mass. The couples who attend Sunday Mass on the weekend of their wedding provide a wonderful example of living the Catholic Christian way of life. At Sunday Mass the faith community will pray for the newlyweds during the intercessions. If it is important to celebrate the wedding in the context of the Catholic faith and church, then it is important that the couple begin married life by attending Sunday Mass, even on the weekend of their wedding. During Lent the use of instrumental music is only allowed to accompany singing and flowers are not allowed in the church. This is a time for simplicity and somberness.

#### Fees

According to diocesan policy, a wedding fee of \$35 is due when the rehearsal and wedding date and times are put on the parish calendar. There is no diocesan or parish policy concerning the payment of a personal stipend to the priest or deacon who prepares the couple and witnesses their exchange of consent. This matter is left to the discretion of the couple.

Others, such as organists, singers, and altar servers deserve just treatment by the couple for faithfully fulfilling their duties at the wedding ceremony. Questions as to a proper amount of stipend may be directed to the priest or deacon preparing the couple.

#### **Marriage Preparation Requirements**

It is important to begin the premarital preparation process at least 6 to 9 months prior to the anticipated wedding date. Couples planning to marry need to take part in the following:

- 1. FOCCUS Inventory of Beliefs and Attitudes. This is an instrument designed to affirm what the couple knows about each other and helps them identify the areas in which they need to grow.
- 2. Counseling sessions with the priest or deacon who will witness the couple's exchange of consent. (Usually a minimum of four sessions)
- 3. One of the following:
  - Davenport Diocese Marriage Preparation weekend (required fee)
  - Engaged Encounter Weekend (required fee)
  - Sponsor Couple Program

The Catholic person marrying a non-Catholic must promise to do all he or she can to make sure his or her children are baptized and raised as Catholics. This needs to be discussed thoroughly with the non-Catholic fiancé. This promise is sent to the Bishop.

Non-Catholics marrying Catholics are encouraged to take classes to better understand the Catholic faith. Catholics are encouraged to learn about their non-Catholics partner's faith, too. Non-Catholics are not required to convert to Catholicism to be married in the Catholic Church, but an invitation is extended should they be interested.

Catholics are required to provide a recently issued baptismal certificate with notations from the place of baptism. The date and place of First Communion and Confirmation are also required. Non-Catholics are required to provide a certificate of baptism.

#### **Liturgy**

- 1. The Mass is very important to Catholics, however, if the bride and groom are not both Catholic and if a good share of the guests are not Catholic, consideration should be given to celebrating the wedding outside of Mass. This can lead to a greater appreciation of our bond as Christians without the awkwardness of offering communion only to the bride or groom or only to the Catholics in attendance at the exclusion of a majority of others. The joy of celebration is also diminished when few, if any, join in the Mass responses.
- 2. Marriage in the Catholic Church is neither a private affair nor pageant, but a community celebration of faith and joy. The congregation is to participate in the prayers and singing and is not merely present as spectators.
- 3. During the marriage ceremony, there are significant rituals that illustrate the sanctity of the Catholic faith. The wedding couple will jointly participate in these during the wedding ceremony. These include standing, kneeling and responding during the marriage ceremony.
- 4. Nothing is to be added to the Rite of Marriage. Only the prayers and readings (always from Sacred Scripture) approved by the Church may be used during the wedding ceremony. No prose or poetry from any other source has a place in the ceremony. Prose or poetry from other sources may be placed in the wedding program.

The church will provide the bride and groom with "Together for Life" by Reverend Joseph M. Chaplin. This booklet will help guide them with their planning.

The 'unity candle' is a product of our commercial world. No mention of it is made in the Church's liturgical books and it is not an official part of the Rite of Marriage. Clergy and liturgists question the practice of lighting a 'unity candle' because there is no clear understanding of the gesture and it has no real history or tradition behind it. It appears as a duplication of what has already been said and symbolized by the exchange of wedding vows and rings. For this reason its use is not permitted.

One of the first things to decide is whether to have a Wedding Mass including communion or a Wedding Service without communion. The wedding of a Catholic and an unbaptized person customarily takes place outside of Mass.

The priest or deacon will assist in planning a meaningful celebration.

Couples are reminded that they and their principal witnesses may have to kneel at various times in the wedding ceremony. This should be remembered when wedding garments are selected.

# **Rite of Marriage within the Mass**

### **Introductory rites**

**Prelude:** it is best to select instrumental music to be played as prelude (except during Lent).

**Declaration of Intent:** this declaration states that the couple has come to this wedding liturgy "freely and without reservation" and that they promise to "love and honor each other" and "accept children lovingly from God." This declaration is the foundation of their marriage.

**Processional:** the entrance procession can take many forms. Listed below, in the order of the procession, are some examples of how it might flow:

Option I	Presider Attendants (as couples) Flower girl/Ring bearer Bride/Groom
Option II	Presider Groom with parents Attendants (as couples) Flower girl/Ring bearer Bride with parents
Option III	Presider/Groom Attendants (as couples) Flower girl/Ring bearer Bride with Father
Option IV	Other

Music for the processional is customarily instrumental.

**Sign of the Cross and Greeting:** this is the way we begin all public prayer – invoking the name of the Father, the Son and the Holy Spirit.

**Opening Prayer:** the presider offers a collect on behalf of all who are gathered.

# Liturgy of the Word

**First Reading:** this reading is always taken from the Old Testament (Hebrew Scriptures) and is proclaimed from the ambo.

**Responsorial Psalm:** the assembly sings the refrain while the cantor sings the verses, preferably from the ambo.

**Second Reading:** this reading is always taken from the New Testament (Christian Scriptures) and is proclaimed from the ambo.

**Gospel Acclamation:** the cantor and assembly sing this or it is to be omitted. The text is usually "Alleluia" except in the season of Lent.

**Gospel:** this is always taken from one of the four Gospels. The priest or deacon always proclaims it from the ambo.

**Homily:** after the Gospel, the priest or deacon "gives a homily drawn from the sacred text. He speaks about the mystery of Christian marriage, the dignity of wedded love, the grace of the sacrament, and the responsibility of married people, keeping in mind the circumstances of this particular marriage."- taken from the *Rite of Marriage*.

# **<u>Rite of Marriage</u>**

**Exchange of Vows:** there are several ways for this exchange to take place. There is the option to recite the vows after the presider, or to respond "I do" to the questions of the presider. The couple may choose one of the two texts given by the church for the exchange of vows. The promises may not be altered nor may other formulas be substituted for those provided in the ritual.

Text Option I	I, N., take you, N., to be my wife/husband. I promise to be true to you in good times and in bad, in sickness and in health. I will love you and honor you all the days of my life.
Text Option II	I, N., take you, N., for my lawful wife/husband, to have and to hold, from this day forward, for better, for worse, for richer, for poorer, in sickness and in health, until death do us part.

**Exchange of Rings:** this exchange is done as the following text is recited:

*N., take this ring as a sign of my love and fidelity. In the name of the Father, and of the Son, and of the Holy Spirit.* 

Intercessions: these are prayers of the community offered to God.

## Liturgy of the Eucharist

**Preparation of the Gifts:** the gifts of bread and wine are presented. Music is optional as the gifts are prepared. Singing is preferred, however, instrumental music is allowed.

Holy, Holy: the cantor and assembly sing this.

**Memorial Acclamation:** the cantor and the assembly sing this. The text varies, but is most often "Christ has died, Christ is risen, Christ will come again."

Amen: the cantor and assembly sing this.

**Lord's Prayer:** this is the one prayer that unites all Christian religions.

The couple decides the text option to be used and whether to recite it phrase by phrase after the deacon or priest or to answer "I do" to the questions of the presider.

Since the Lord's Prayer is the one prayer known by nearly every Christian, we ask that during the wedding it be SPOKEN by the entire congregation rather than sung by a soloist. **Nuptial Blessing:** a special blessing of the Church for the Bride and Groom given by the priest or deacon.

**Sign of Peace:** all who have gathered extend to one another some sign of Christ's peace. It is typical for the bride and groom to exchange this sign with the attendants and their immediate family.

**Lamb of God:** the cantor sings the invocations of this litany and the assembly sings the response.

**Communion:** Catholics are invited to come forward and receive the Sacred Body and Precious Blood of Christ. A song, sung by the assembly, is needed. It is a good practice to choose music with a refrain for the assembly to sing during the procession.

**Regarding the Reception of Holy Communion at the Wedding Mass** During the wedding Mass, Holy Communion, that is, the Eucharist, will be offered to the Catholic faithful. Non-Catholic members in attendance should be reminded that only Catholics may approach the altar to receive Holy Communion. Non-Catholic members of the wedding party should be reminded of this, so they do not follow a Catholic to Communion.

Similarly, Catholics who are not in a state of grace, or who are living in invalid unions, should refrain from receiving Holy Communion. Catholics who are in need of celebrating reconciliation, that is, the Sacrament of Penance, are encouraged to ask the priest to celebrate this Sacrament with them in the days before the wedding Mass.

**Prayer after Communion:** this prayer offers thanks for the Eucharist and invites the newly married couple to a Christ centered life.

## **Concluding Rites**

**Blessing and Dismissal:** before blessing the people at the end of the celebration, the presider blesses the bride and groom. The presider then introduces the newly married couple.

**Recessional:** the wedding party leaves the worship space. A song, usually instrumental, is customary.

# **Rite of Marriage Ceremony apart from Mass**

### **Introductory rites**

**Prelude:** it is best to select instrumental music to be played as prelude (except during Lent).

**Declaration of Intent:** this declaration states that the couple has come to this wedding liturgy "freely and without reservation" and that they promise to "love and honor each other" and "accept children lovingly from God." This declaration is the foundation of their marriage.

**Processional:** the entrance procession can take many forms. Listed below, in the order of the procession, are some examples of how it might flow:

Option I	Presider Attendants (as couples) Flower girl/Ring bearer Bride/Groom
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Option III	Presider/Groom Attendants (as couples) Flower girl/Ring bearer Bride with Father
Option IV	Other

Music for the processional is customarily instrumental.

**Sign of the Cross and Greeting:** this is the way we begin all public prayer – invoking the name of the Father, the Son and the Holy Spirit.

**Opening Prayer:** the presider offers a collect on behalf of all who are gathered.

# Liturgy of the Word

**First Reading:** this reading is always taken from the Old Testament (Hebrew Scriptures) and is proclaimed from the ambo.

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# **Rite of Marriage**

**Exchange of Vows:** there are several ways for this exchange to take place. There is the option to recite the vows after the presider or to respond "I do" to the questions of the presider. You may choose one of the two texts given by the church for the exchange of vows. The promises may not be altered nor may other formulas be substituted for those provided in the ritual.

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**Exchange of Rings:** this exchange is done as the following text is recited:

*N., take this ring as a sign of my love and fidelity. In the name of the Father, and of the Son, and of the Holy Spirit.* 

Intercessions: these are prayers of the community offered to God.

**Nuptial Blessing:** a special blessing of the Church for the Bride and Groom given by the priest or deacon.

**Lord's Prayer**: this is the one prayer that unites all Christian religions.

### **Concluding Rites**

**Blessing and Dismissal:** before blessing the people at the end of the celebration, the presider blesses the bride and groom. The presider then introduces the newly married couple.

**Recessional:** the wedding party leaves the worship space. A song, usually instrumental, is customary.

The couple decides the text option to be used and whether to recite it phrase by phrase after the deacon or priest or to answer "I do" to the questions of the presider.

Since the Lord's Prayer is the one prayer known by nearly every Christian, we ask that during the wedding it be SPOKEN by the entire congregation rather than sung by a soloist.

# Liturgical Involvement of Friends and Family

**Priest/Deacon:** the presider at the wedding liturgy will be either a priest or a deacon. If it is a Mass (a celebration of the Eucharist) a priest must preside. If it is a wedding apart from Mass, a deacon or priest can preside.

**Lectors:** the first and second readings are proclaimed by a lector. It is recommended that the individuals selected have experience in this ministry. The reading of Scripture during a Eucharistic celebration (Mass) in the Catholic Church is to be done by a Catholic. Permission from the Bishop is required if the reader is a member of another Church. The intercessions may be read by the lector or another reader.

**Pianist/Organist:** the pianist/organist who is familiar with Catholic Liturgy should be selected as soon as possible. Payment and other arrangements are made directly with the pianist/organist.

**Cantor:** the cantor should be selected as soon as possible. Payment and other arrangements are made directly with the cantor.

**Ushers:** hospitality is the basic form of love and the ushers should go out of their way to make the wedding guests feel welcome. The ushers will assist in getting all the guests seated at least five minutes prior to the start of the Liturgy.

**Gift Bearers:** the gift bearers bring the gifts of bread and wine to the altar when the wedding liturgy is celebrated within a Mass. Choose no more than two individuals who are able to carry these items with care.

**Extraordinary Ministers of Holy Communion:** the Extraordinary Ministers are those who assist the presider with the distribution of Holy Communion. The projected attendance of Catholics at the wedding liturgy determines the number of ministers needed. Individuals who are commissioned for this ministry in Sacred Heart parish should be selected for this role. If this is not possible please discuss the options with the presider.

**Young Attendants:** flower girls and ring bearers who are part of the wedding ceremony must be at least four (4) years old and of a temperament that their participation is not disruptive. A parent or an adult should be responsible for monitoring their actions and behaviors.

# **Music**

The Celebration of Marriage belongs in a unique way to the bride and groom. Although the love shared with each other is very personal, it is not limited to the couple. It will live and grow in a community. In fact, the wedding liturgy itself is a community celebration, taking place in the presence of God, the priest or deacon, witnesses, and family and friends. It is a very special form of prayer.

Music can play a very important role in the wedding liturgy. It can create a mood and greatly enhance the entire liturgy. Therefore, the wedding music must be appropriate and prayerful. Music should reflect the invocation of God's presence and blessing. Generally, the music to be sung is selected from the song books used for Catholic liturgy.

Recorded music lacks the authenticity provided by a living liturgical assembly gathered for the Sacred Liturgy. Therefore, neither recorded instrumental music nor recorded vocal music is permitted during the wedding liturgy.

One valuable idea in choosing your wedding liturgy music is to first choose the Scripture readings. Then, the theme of the readings can be picked up and developed by the music. One must be very careful in selecting certain types of music because many love songs describe a very narrow view of married love. They say little about the love of God or the community, and the role of each in this sacred union. The music and texts should reaffirm all that is celebrated in the Catholic wedding liturgy.

The priest or deacon who is preparing the couple for marriage will advise them more completely on the definition of sacred music and will make the final decision as to the appropriateness of any piece of music. If there will be a wedding Mass, the service music of the Mass should be included.

Some music, although popular, offers a secular or romantic view of love and marriage. This is not always consistant with Catholic teachings and not appropriate for use during the wedding ceremony. This music should be relegated to the wedding reception.

(For Music see Appendix A, Suggested Music for Weddings)

Music is sacred and not profane which substantially praises God for his goodness to the human race or which speaks to some mystery of faith.

#### **Rehearsal/Wedding Day**

- 1. When the wedding couple schedules its ceremony the bride and groom should also make arrangements for the rehearsal time and date. All persons who are involved with the ceremony should be present at the rehearsal. The wedding rehearsal is an important time of prayer and preparation for the wedding ceremony and appropriate dress is reasonably expected at the church during this time.
- 2. The bridal party may consider using space in McCann Center to change and get ready for the ceremony. The bride and attendants are welcome to use the nursery. If the groom and attendants also wish space, the youth room is available. Please assign someone to clean the rooms after using them.
- 3. Please do not leave valuables unattended at any time.

#### **Photography/Videography**

- 1. Someone may video tape the ceremony if desired. The officiating priest or deacon will assist with identifying the location for the video camera.
- 2. In celebrating the marriage rite those present are gathered to pray with and in the name of the church. Amateur photographers should not allow the taking of pictures to become more important than being gathered in prayer.

#### **Environment**

- 1. Sacred Heart Church may be decorated in keeping with the liturgical season. The wedding couple may add decorations to those already present. Remember the wedding is taking place within a public act of worship where we, the people of God, give praise to God for the covenant of love that is being made in Christ. Pew bows and other decorations are to be removed by the wedding party after the ceremony.
- 2. The worship space of the church is not to be significantly altered without permission of the cleric.
- 3. Liturgical guidelines indicate it is **never appropriate for decorations to be put on the altar table.** The parish has two candelabras in the sanctuary that may be used. These hold 14 candles which may be purchased from the parish for two dollars each.

Couples are reminded that modesty in behavior and dress are Christian virtues which have a place both in daily life and when participating in the worship life of the church.

The photographer will need to know how much time is available before and after the wedding. Everything must be completed by 4:15 PM to allow for preparation of the 5:30 PM Mass on Saturday.

- During Ordinary Time, the green plants around the altar may be used as is. Additional greenery or flowers may also be used. The altar and surroundings need to be put back in order by 4:15 PM at the latest in preparation for the Saturday night Mass.
- 5. Due to safety concerns, aisle runners are not permitted at Sacred Heart Church.
- 6. The throwing of rice, birdseed, or confetti is not permitted at Sacred Heart Church. It is the responsibility of the bride and groom to make sure their guests are aware of and follow this policy.

The practice of throwing flower petals before the bride is not recommended. If this occurs the bridal party is requested to have someone pick these up after the wedding.

- 7. Couples sometimes decide to print a program to allow guests to closely follow the ceremony. It is suggested that the couple submit a draft of their program to the priest or deacon who will witness their consent for final review and approval. The parish secretary can be a helpful resource and can supply you with samples of programs.
- 8. Wedding parties using McCann Center for the reception need to be sure that ample parking is available for parishioners attending regularly scheduled Mass (Saturday night). A parking attendant should be assigned to direct guests where they should park. Please discuss this when you schedule your reception at McCann Center for further clarification.

#### Marriage License

1. A marriage license from the clerk of district court must be obtained by the couple prior to the ceremony. In the absence of this, a marriage ceremony will not be performed. Please bring this to the parish office at least one week before the wedding ceremony.

#### **Receptions at McCann Center**

(See separate document)

#### Suggested Music for Weddings Sacred Heart Parish Newton, Iowa

<u>Preluc</u>		elude music will be selected by the accom priate repertoire for weddings.	panist from the
<u>Seatin</u>		Grandparents: music or approved solo)	
Brides	maids/Groom	smen:	
	(or approved i	instrumental music)	
	Canon in D		Pachabel
Jesu, Joy of Man's Desiring		Bach	
	Air from Wa	ter Music	Handel
Proces	sional (Bride)		
	· · · ·	instrumental music)	
		untary in D Major	Clarke
	Air from Wa	in Eb Major for Trumpet/Organ	Johnson Handel
		Man's Desiring	Bach
	· •	rom the Royal Fireworks)	Handel
	Prince of Pea	č ,	Clarke
	March in D		Handel
	Processional	in C	Hopson
		-	- <b>F</b>
<b>Respo</b>	nsorial Psalms	<u>s (sung):</u>	
	*Psalm 19	Your Words Are Spirit and Life	Farrell
	*Psalm 19:	Lord, You Have the Words of	Haas
		Everlasting Life	
	*Psalm 25:	I Lift Up My Soul	Manion
	*Psalm 25:	To You, O Lord	Soper
	*Psalm 33:	Lord, Let Your Mercy	Dufford
	*Psalm 34:	I Will Always Thank the Lord	Soper
	*Psalm 34:	Taste and See	Moore
	*Psalm 103:	The Lord is Kind and Merciful	Dufford
	*Psalm 116:	Our Blessing Cup	Joncas
	*Psalm 145	I Will Praise Your Name/ The Hand of the Lord	Smith
	*Psalm 145	I he Hand of the Lord I Will Praise Your Name	Haas
		<b>30: Remember Your Love</b>	Haas Ducote/Daigle
		O Blessed Are Those	Inwood
		We Praise You	Ducote/Daigle
	1 5ann 170.	we manye nou	Ducou Daigit

#### Gospel Acclamation (if it is not sung it is to be omitted)

(or approved song from parish song book)	
When Love is Found	Wren
I Have Loved You	Joncas
You Are Mine	Haas
Here I Am, Lord	Schutte
We Are Many Parts	Haugen
The Servant Song	Gillard
Communion (if Mass is celebrated):	
(or approved song from parish song book)	
One Bread, One Body	Foley
Taste and See	Moore
The Supper of the Lord	Rosalia
Behold the Lamb	Willett
Gift of Finest Wheat	Kreutz
Recessional: (instrumental only):	
Psalm XIX – The Heavens Declare	Marcello
Wedding March (from 'A Midsummer Night's Dream')	Mendelssohr
Jesu, Joy of Man's Desiring	Bach
Break Forth into Joy	Bach
Trumpet Tune	Purcell
Ode to Joy	Beethoven
Recessional: (instrumental or sung by assembly):	
(or approved song from parish song book)	
Sing to the Mountains	Dufford
Sing a New Song	Schutte
All the Ends of the Earth	Dufford
Glory and Praise to Our God	Schutte
Now Thank We All Our God	Nundanket
Joyful, Joyful We Adore Thee	Hymn to Joy

**<u>Postlude:</u>** All postlude music will be selected by the accompanist from the appropriate repertoire for weddings.

**\*\*\***NOTE**\*\*\*** If music and lyrics are to be included in the wedding program, please contact Sacred Heart Parish at 792-2050 to obtain a list of the liturgical publishing companies that will need to be contacted for copyright permission.