



Though prayer is one of the essentials of a thriving faith, we often feel as if we're talking to ourselves—or, worse, as if we're talking to no one at all. How can something so vital to the Faith be so elusive?

Now, with the clear teaching and artistry of the Augustine Institute's LECTIO series, Dr. Tim Gray masterfully uses the discipline of *Lectio Divina* to show you how to make prayer an effective effort of love and intimacy. In six video sessions, *Prayer: Finding Intimacy with God* captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love.

Engaging and accessible, *Prayer: Finding Intimacy With God* includes:

- The *Lectio Divina* approach of Reading, Reflecting, Responding, and Contemplating
 - Penetrating questions and insights for the six video sessions
 - Additional resources for a fuller understanding and application
 - Daily reflections to deepen the meaning of prayer in your life
 - Space for personal journaling

Beginning Thursday October 5, 2017

Thursday afternoons 1:30 p.m.

Registration is required!

• **Adult Small Groups: Prayer: Finding Intimacy with God**

Name _____ Phone _____

Email _____

Address _____

City _____ State _____ Zip Code _____

_____ I will need a copy from the Church and will pay \$25

_____ I will need a copy and I have paid with my Faith Formation family fee!

Return registration form **no later than September 22** to:

Luke Gregory, Sacred Heart Catholic Church

Call: 641-792-2050 ext. 224 or

Email: shlifelongff@gmail.com for more information.