

Ash Wednesday / Lenten

Schedule



Ash Wednesday February, 14th

12:10 pm

6:00 pm

Palm Sunday, March 24

Saturday– 5:30 pm

Sunday– 9:00 am

Holy Thursday, March 28

7:00 pm

Good Friday, March 29

7:00 pm

Easter Vigil Saturday, March 30

8:15pm

Easter Sunday, March, 31

9:00 am

11:00 am



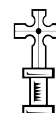
Stations of the Cross— Stations of the Cross will be held on Wednesday Evenings 5:15 Let us unite our own particular crosses to Christ's and follow Him.

Rosary — Communal Praying of the Rosary at Noon on Fridays on our Facebook page led by Luke Gregory. And 30 minutes before weekend Masses in the Church.



Reconciliation—Individual Confessions will be heard on Thursday at 4:00 pm and Saturdays at 2:30 p.m. We will have other times as we get closer to Holy Week.

Communal Penance— Communal Penance will be held Sunday, March 17th at 2:00 PM



Eucharistic Adoration— Eucharistic Adoration is offered on Wednesdays at 2:45 p.m.

Solemn Vespers—Sunday evening, February 18th we will begin our customary Lenten devotion of praying Vespers starting at 5:00 PM.



Lenten Soup Supers— Soup supers will begin on Sunday, February 18th following Vespers

KC Fish Frys— The Knights of Columbus Fish Frys will be held on the Fridays of Lent beginning February 16th-23rd.



- Ash Wednesday and Good Friday are days of fast. On Days of fast, one full meal and two lesser meals are allowed. Eating between meals is not permitted. Catholics between the ages of 18 and 59 are bound to fast.
- Ash Wednesday and all of the Fridays of Lent are also days of Abstinence. On days of Abstinence, meat may not be taken.
- The law of abstinence binds all Catholic fourteen years of age or older.
- If member of the Faithful are unable to observe the fast and abstinence regulations because of ill health or other reason, they are urged to practice other forms of penance and self-denial suitable to their condition.
- Ignoring the laws of fast and abstinence is a serious matter.



What are you doing for Lent?

10 IDEAS FOR A MORE MEANINGFUL LENTEN SEASON

1. Give up sin

Show your love for God by keeping his commandments. Turn away from sins.

2. Fast

An empty stomach can lead to more attentive prayer. Give the money you saved on food to others in alms.



3. Pray

Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.

4. Do good works

Help those in need. Pray for them and be ready to serve them in their time of need.



5. Give alms

Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.



6. Abstain

Give up meat or other desirable foods during Lent, especially on Friday, the day of Christ's saving death on the cross.



7. Do meditative reading

Nourish your faith by spending time in quiet reading and reflection. Prayerful reading of God's word each day will open your heart to the Spirit, and let God's thoughts and ways influence yours.

8. Control desire for possessions

Build up treasures in heaven rather than on earth. Cut down on material possessions, eliminate frills, lessen wants, share yourself – your time and your talents – with others.

9. Control desire for entertainment

Too much entertainment and other distractions can lead to less or no time for the works of the Lord.

10. Carry out duties in life

Serve God by living out your vocation in love each day. God is calling each of us to be a living sacrifice. Offer your daily life through Christ!



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Text from Canadian Conference of Catholic Bishops' "Living Lent"